

Rules.

- 1 All competitors must be 16 or over. If under 18 they must be accompanied by an adult.
- 2 **No muddy boots in the dining room**
- 3 There is a time limit of 10 hours. All routes start and finish at Nab End Farm
- 4 The organizers reserve the right to request the retirement of any person who in their opinion is unlikely to reach the next checkpoint in the required time before closure.
- 5 Any entrant wishing to retire must inform the walk official at a checkpoint then transport can be arranged back to the start
- 6 Walkers may be accompanied by a dog. Dogs must be kept under control and should be fit to complete the route and taken at the competitor's sole responsibility.
- 7 The route can be found on the map Outdoor Leisure 24 White Peak.
- 8 Some of the route may run on PRIVATE land all care must be taken
- 9 Registration will be open after 7am at Nab End Farm
- 10 All tallies must be handed into checkpoint staff around the routes.

Email: walk2017@andycrafts.co.uk or visit web site www.andycrafts.co.uk or www.nabendfarm.co.uk for more details email keithgbailey@hotmail.co.uk.

CHERNOBYL AID (UK)

HILLS AND DALES WALKS

SATURDAY 26th AUGUST 2017

8, 14, 26 MILES WALKS IN 10 HOURS



IS A REGISTERED CHARITY No 1159179

CHERNOBYL AID (UK)
 BUXTON, LONGNOR and DISTRICT GROUP
 HILLS and DALES WALKS
 SATURDAY 26th AUGUST 2017.
 8, 14, and 26 Mile Walks in 10 Hours

Start and finish at NABEND FARM GR SK 077662

The 8 mile route starts from Nab End Farm then to Longnor and then back to Nab End Farm to finish

The 14 miles route starts at Nab End farm then onto Longnor --Warslow --- --Hall Hill and back to Nab End Farm finish.

The 26 mile route starts at Nab End Farm --- Crowdecote---Hartington---- Alstonefield----Wetton Mill----Warslow----Hall Hill then back to Nab End Farm and finish

Start Time 26 mile Walkers 8am. 26 mile Runners 9am.
 ALL ENTRANTS for 8 mile and 14 mile start at 10.00am

Entry in advance £8.00 for 26/14 route. £6.00 8 mile route.
All on the day entries £10.00
 Included in cost refreshments & drinks at all checkpoints with a light meal at the finish.
 Full route description and certificate to all entrants

Badges extra.

Overnight accommodation if required on Friday 25th August at Nab End Farm cost £8.00 per person

www.nabendfarm.co.uk

ALL CHEQUES PAYABLE TO "HILLS & DALES"

Equipment to be carried Waterproofs, Mug, Torch, Whistle, Map, (Outdoor Leisure 24 White Peak)
 Entries with S.A.E. to K G Bailey 2 Lulworth Grove Chell Stoke on Trent Staffs ST6 6 JY Tel: 01782 815386
 Applications by email accepted where S.A.E not required.
 email keithgbailey@hotmail.co.uk.

Web site www.andycrafts.co.uk and www.nabendfarm.co.uk

AMENDED ANDY ENTRY FORM
 HILLS AND DALES WALKS
 SATURDAY 26th AUGUST 2017

Name _____ 26 Mile

Address _____ 14 Mile

_____ 8 Mile

Email _____ Walker

Telephone No _____ Runner

Veg Meal Ord Meal

Please TICK if we can send you a sponsor form
 TICK if you require Accommodation Friday night

AMOUNT ENCLOSED _____
Cheques payable to "HILL & DALES"

All funds raised will be passed onto
 CHERNOBYL AID (UK)

I AGREE TO OBSERVE THE COUNTRY CODE AND ACCEPT THE RULES OF THE EVENT. I ALSO UNDERSTAND THAT I TAKE PART AT MY OWN RISK AND THAT THE ORGANISERS ACCEPT NO LIABILITY FOR INJURY DAMAGE OR LOSS BY OR TO ME.

SIGNED _____ DATED _____

GIFT AID	
Name	_____
Address	_____
Post Code	_____
Please treat all my subscriptions and donations I have made to Chernobyl Aid UK as Gift Aid Donation. "I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.	
Signature	_____ Date _____
Amount Paid	_____