

Rules of Event. REMEMBER: Everyone taking part do so at their own risk.

- 1. All competitors must be 16 or over. If under 18 they must be accompanied by adult or carer**
- 2. No muddy boots in the dining room.**
- 3. There is a time limit of 10 hours. All routes start and finish at Nab End Farm.**
- 4. The organisers reserve the right to request the retirement of any person who in their opinion is unlikely to reach the next checkpoint in the required time before closure.**
- 5. Any entrant wishing to retire must inform walk official at a checkpoint then transport can be arranged back to the start.**
- 6. Walkers may be accompanied by a dog. Dogs must be kept under control and should be fit to complete route and taken at the competitors sole responsibility.**
- 7. The route can be found on the map Outdoor Leisure 24 White Peak.**
- 8. Some of the route may run on PRIVATE land and all care must be taken.**
- 9. Registration will be open after 7am at Nab End Farm.**
- 10. All tallies must be handed into checkpoint staff around the routes.**

**Email: walk2018@andycrafts.co.uk or visit web site
www.andycrafts.co.uk/Walk/walk.html or
www.nabendfarm.co.uk
for more details email: keithgbailey@hotmail.co.uk.**

CHERNOBYL AID (UK) HILLS AND DALES WALKS

SATURDAY 18th AUGUST 2018

8, 14, 26 MILES WALKS IN 10 HOURS



IS A REGISTERED CHARITY No 1159179

CHERNOBYL AID (UK)
BUXTON, LONGNOR and DISTRICT GROUP
HILLS and DALES WALK
SATURDAY 18th AUGUST 2018
 8, 14, and 26 Mile Walks in 10 Hours

Start and finish at NAB END FARM GR SK 077662

The 8 mile route starts from Nab End Farm then to Longnor and then back to Nab End Farm to finish

The 14 miles route starts at Nab End Farm then onto Longnor then over to Warslow ----Hall Hill and back to finish at Nab End Farm

The 26 mile route starts at Nab End Farm then out to Crowdecote---Hartington----Alstonefield----Wetton Mill----Warslow----Hall Hill then back to Nab End Farm and finish

Start Time 26 mile Walkers start 8am
 26 mile Runners start 9am
 14 mile, 8 mile Walkers and Runners start 10.00am
 Entry Cost in advance £10.00 26 mile route
 £8.00 14 mile route £6.00 8 mile route
 On the day entries £15.00
 inc in cost refreshments & drinks at all 6 checkpoints
 a light meal at the finish.
 Full route description and certificate to all entrants
 Badges extra.

Overnight accommodation if required on Friday 17th August
 at Nab End Farm cost £8.00 per person
 www.nabendfarm.co.uk

ALL CHEQUES PAYABLE TO "HILLS & DALES"

Equipment to be carried Waterproofs, Mug, Torch, Whistle,
 Map, (Outdoor Leisure 24 White Peak)
 Entries with S,A,E. to K G Bailey 2 Lulworth Grove Chell
 Stoke on Trent Staffs ST6 6 JY Tele 01782 815386
 Email keithgbailey@hotmail.co.uk
 Web site www.andycrafts.co.uk/Walk/walk.html
 www.nabendfarm.co.uk

ENTRY FORM
HILLS AND DALES SATURDAY 18th AUGUST
 2018

| | | |
|--------------------|-----------|--|
| Name _____ | 26 Mile ▶ | |
| Address _____ | 14 Mile ▶ | |
| _____ | 8 Mile ▶ | |
| Email _____ | Walker ▶ | |
| Telephone No _____ | Runner ▶ | |

Veg Meal Ord Meal

Please TICK if we can send you a sponsor form →

Please TICK if you require Accommodation Friday night →

AMOUNT ENCLOSED _____
 Cheques payable to "HILL & DALES"

All funds raised will be passed onto
CHERNOBYL AID (UK)

I AGREE TO OBSERVE THE COUNTRY CODE AND ACCEPT THE RULES OF THE EVENT. I ALSO UNDERSTAND THAT I TAKE PART AT MY OWN RISK AND THAT THE ORGANISERS ACCEPT NO LIABILITY INJURY DAMAGE OR LOSS BY ME.

SIGNED _____ DATED _____

| GIFT AID |
|---|
| Name _____ |
| Address _____ |
| |
| Post Code _____ |
| I am a taxpayer and understand that if i pay less income tax/or capital gains tax than the amount of gift aid claimed on all my donations in that tax year it is my responsibility to pay any difference. |
| Signature _____ Date _____ |
| Amount Paid _____ |